

## Reading Comprehension

A. Read the Following text carefully.

Lunch is an essential meal of the day. I carry my lunch box every day to school. Most of my classmates also bring their lunch from home while some of them buy food from the school canteen. During our lunch break, we sit together to have lunch. My mother cooks a nutritious meal and avoids junk food. A nutritionally balanced lunch is essential for growth and development. It also refreshes the mind and keeps the body energized for the rest of the day. I usually take fish or chicken with rice and a green vegetable, which my mother cooks in the morning. My friends also carry a similar kind of meal, and we all share the food in our group. Saturday's lunch is the best as my mother packs vegetable sandwiches in my lunch box, as the day is short.



The bell for the lunch break makes me happy. It provides me with some relief and change from studies and makes me run and play outside. Most of the children finish off their lunch fast. Without losing any time, they run to play. It is the time when you find them chattering, laughing and playing.

Thus, the lunch break is a time for rest, relaxation and play which is welcomed by all. It helps me to free myself from the tension of the classroom and prepares me for another three hours of study.

B. Number the following sentences in the order as they appear in the story.

1. The bell for the recess makes me happy.
2. It helps me to free myself from the tension of the classroom.
3. Lunch is an essential meal of the day.
4. My friends also carry a similar kind of meal.
5. During our lunch break, we sit together to have lunch.

C. Answer the following questions.

1. What kind of lunch is essential for growth and development?

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2. What is the benefit of a nutritious meal?

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3. Why is Saturday's lunch the best according to the narrator?

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4. What is the benefit of the lunch break?

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### Word Wise

- A. Complete each sentence by choosing the correct homophone and writing it in the blank.

1. Don't \_\_\_\_\_ (stare/stair) at me like this.
2. She purchased a beautiful dress \_\_\_\_\_ (for/four) the dance.
3. We are trying to \_\_\_\_\_ (fined/find) our lost dog.
4. There are \_\_\_\_\_ (too/two) people in the line in the front of us.
5. We saw a \_\_\_\_\_ (herd/heard) of cattle in a field.
6. The fight \_\_\_\_\_ (scene/seen) in the movie was good.
7. The farmer went to \_\_\_\_\_ (so/sew/sow) the seeds.
8. Fierce winds \_\_\_\_\_ (blew/blue) all night during the thunderstorm.
9. I had trouble falling asleep last \_\_\_\_\_ (night/knight).
10. We will \_\_\_\_\_ (sale/sail) to Europe on vacation this summer.

B. Find the alternative homophone in bold, and write a new sentences including that word, as in the first example.

1. Please **be** quiet.

*There is a spelling **bee** contest at school.*

2. The **herd** of cattle are heading this way.

3. That sun's **rays** are very hot today.

4. "Here comes the post man to deliver our **mail**."

5. The prisoner was locked away in his **cell**.

6. I need some **flour** to bake a cake.

7. "She smashed the **pane** of glass with her ball."

8. "My favourite shop is having a huge **sale**!"

9. My dog **chews** his food carefully.

10. Do you **know** how to multiply two numbers?

C. Investigate this set of homophones: their, there, they're.

Write five sentences containing each word.

1. **Their** is a possessive, it means 'belonging to them'.

For example: *Their chairs were in the hall.*

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

2. **There** tells you where something is. It is used with is, are, was, and were.

For example: *There is a dog in the classroom.*

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

3. **They're** always means they are.

For example: *They're going on a trip today.*

- a. \_\_\_\_\_
- b. \_\_\_\_\_

- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

## Grammar Check

A. Let's review how well do you know about adjectives. Choose the correct answer.

1. What is an adjective?

- a. a person, place, thing, or idea
- b. a word to describe a noun or pronoun
- c. the main events of a play
- d. novel, movie, or similar word

2. Adjectives can describe ....

- a. shape
- b. size
- c. colour
- d. all the above

3. Adjectives can describe ....

- a. number
- b. taste
- c. smell
- d. all the above

4. Which is the following words is NOT an adjective?

- a. Blue
- b. Nasty
- c. Slimy
- d. Loudly

5. Which adjective can be used to describe a rainy day?

- a. smiley
- b. soft
- c. gloomy
- d. purple

6. Which kind of adjective uses: this, that, these, and those?
- Demonstrative
  - Comparative
  - Superlative
  - Compound
7. What is the adjective in the sentence? *A volcanic eruption frightened the islanders.*
- islanders
  - volcanic
  - eruption
  - frightened
8. Firstly, macaroni is put into the ... water and then in a fried pan.
- boiled
  - boiling
  - evaporating
  - melted
9. The teacher is ... for all the students in the classroom.
- responsibility
  - taking care of
  - responsible
  - possible
10. Adjective answer ....
- how many
  - which kind
  - how much
  - all the above

B. Underline the adjective in each sentence and write whether it is an adjective of quality (Ql) or quantity (Qt).

1. The boys lifted the heavy box.
2. All members of Garry family went to the theatre.
3. There is sufficient food for you.
4. Leena has a blue purse.
5. My friends helped the old man.
6. There were no biscuits in the tin.
7. There were some plates on the table.
8. Shiva has a long rope.
9. Bobby has enough money to buy the bat.
10. Miss Anita wore a black dress.

### Listener's Lap

Listen carefully to the passage your teacher reads out to you and answer the following questions.

1. What food is eaten with spoons?

2. How should you use your hands while eating?

Scan Me!



3. In Indonesia what do people use to eat out of besides plates?

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4. What is considered as bad manners?

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### Speaking Track

What kind of food do you prefer to eat? Are you comfortable eating with a spoon and fork or with your hands? Discuss your views in class.



## Pen Down

Write a short paragraph about the difficulties that you faced at your friend's place who called you for lunch and served a kind of food that you were not used to eating.

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